



**Astrid Gonzalez-Parrilla**  
**Executive Director of the Rehabilitation**  
**Service Line at Halifax/Brooks in Daytona Beach.**

Astrid Gonzalez-Parrilla has dedicated her career to the advancement of post-acute care services and neuro-rehabilitation. She was inspired to become an occupational therapist after her mother survived a major stroke. During the early years as an occupational therapist, Astrid realized that in order to make a difference in the care delivery system it was important to be at the table when important decisions were made; it was then when she initiated her journey as a healthcare leader. Astrid completed a master's degree in healthcare administration, and became board certified as a Fellow of the American College of Healthcare Executive in 2013. In 2014, she earned a post-professional doctorate in Occupational Therapy with concentration in administration and practice management. Astrid currently serves as Executive Director of the Rehabilitation Service Line at Halifax/Brooks in Daytona Beach.